



# STROUD DISTRICT COUNCIL

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## COMMUNITY SERVICES AND LICENSING COMMITTEE

### MEMBER REPORT

<b>NAME OF ORGANISATION/BODY</b>	Mental Health Champions
<b>BRIEF REPORT</b>	
<p>A recent meeting was held in Cainscross by 'The Life Coach' on the 15<sup>th</sup> August 2022, 5-7pm at the Pavilion, Victory Park. The evening included a short presentation and a Q&amp;A session and was free for parents and young people. The session was aimed to raise awareness and provide an opportunity for young people to discuss mental health and life challenging issues.</p>	
 <p>The Life Coach is a mental health safe space created by Tom for young people The aim is to help young people who are finding some areas of life challenging</p>	
<p>Cainscross Town Council and District Councillor Katrina Davis have teamed up with Tom Hoskins from The Life Coach.</p> <p>Tom will be doing a talk for young people and parents on Monday 15<sup>th</sup> August at 5pm -7pm at The Pavillion, Victory Park A short presentation and a Q and A session will be open to all</p> <p>Please contact Councillor Katrina Davis or The Cainscross Town Council Team to confirm your attendance. There will be food provided.</p> <p>cllr.Katrina.davis@stroud.gov.uk or clerk@cainscross-pc.gov.uk</p>	
<b>REPORT SUBMITTED BY</b>	Cllrs Natalie Bennett, Victoria Gray and Tricia Watson
<b>DATE</b>	19 August 2022